

MED Breakfast \$1.45  
 MED Lunch \$2.90  
 MS/HS Breakfast \$1.45  
 MS/HS Lunch \$2.90  
 Reduced Meals \$.25  
 Milk \$.60  
 Chips \$.75  
 Ice Cream \$.80

# Middle & High School Lunch Menu



## March 2019

**Menu is Subject To Change w/out notice**

Daily Sandwich Choices:  
 Mon: Tuna  
 Tue: Ham Sandwich  
 Wed: Turkey & Cheese  
 Thurs: Ham Sandwich  
 Friday: Turkey Sandwich

**Available Daily**  
 Grab & Go Salads  
 Peanut Butter & Jelly

Milk Available daily  
 Fat Free Chocolate  
 1% Milk  
 Skim

Prepayment of meals is always available. Free / Reduced applications are always available in the cafeteria.

Questions for the cafeteria please call Barbara Murray, Food Service Supervisor at 392-1536 or email at [murrayb@chatham.k12.ny.us](mailto:murrayb@chatham.k12.ny.us)

**PLEASE NOTE:  
 THERE IS NO CHARGING OF ANY ALACARTE ITEMS INCLUDING MILK**

Mon	Tue	Wed	Thu	Fri
				1 Cheese or Pepperoni Pizza Tossed Salad Carrots Fruit Milk
4 Chicken Nuggets With Brown Rice Corn Fruit Milk	5 Mozzarella Sticks with Sauce & Roll Broccoli Fruit Milk	6 Meatball Sub with Cheese Peas Fruit Milk	7 Chicken Parmesan with Pasta & Roll Steamed Spinach Fruit Milk	8 Cheese or Pepperoni Pizza Tossed Salad Carrots Fruit Milk
11 Chicken Nuggets With Brown Rice Baked Beans Fruit Milk	12 Cheeseburger on a whole wheat bun With Lettuce, Pickles Corn Fruit Milk	13 Taco Wrap with Cheese, Salsa And Sour cream Black Beans Fruit Milk	14 Tony's 5in Round Pizza Tossed Salad Carrots Fruit Milk	<b>15 No School  District Conference Day</b>
18 Chicken Nuggets With Brown Rice Baked Beans Fruit Milk	19 Toasted Cheese Tomato Soup Green Beans Fruit Milk	20 General Tso's Chicken over Rice Broccoli Fruit Milk	21 Brunch For Lunch French Toast Sticks Sausage French Fries Fruit Milk	22 Stuffed Crust Pizza Tossed Salad Carrots Fruit Milk
25 Chicken Nuggets With Brown Rice Green Beans Fruit Milk	26 Warm Turkey & Cheese on a bagel Corn Fruit Milk	27 Build your own Burrito Bowl! Broccoli Fruit Milk	28 <b>Early Dismissal MS 11:45 HS 12:10</b> Grilled Chicken and Cheese Wrap Baked Beans Fruit & Milk	29 Cheese or Pepperoni Pizza Tossed Salad Carrots Fruit Milk