

MED Breakfast \$1.45  
 MED Lunch \$2.90  
 MS/HS Breakfast \$1.45  
 MS/HS Lunch \$2.90  
 Reduced Meals \$.25  
 Milk \$.60  
 Chips \$.75  
 Ice Cream \$.80

# MED Lunch Menu



## March 2019

**Menu is Subject To Change w/out notice**

Daily Sandwich Choices:  
 Mon: Tuna  
 Tue: Ham Sandwich  
 Wed: Turkey & Cheese  
 Thurs: Ham Sandwich  
 Friday: Turkey Sandwich

**Available Daily**  
 Grab & Go Salads  
 Peanut Butter & Jelly

Milk Available daily  
 Fat Free Chocolate  
 1% Milk  
 Skim

Prepayment of meals is always available. Free / Reduced applications are always available in the cafeteria.

Questions for the cafeteria please call Barbara Murray, Food Service Supervisor at 392-1536 or email at murrayb@chatham.k12.ny.us

**PLEASE NOTE:  
 THERE IS NO CHARGING OF ANY ALACARTE ITEMS INCLUDING MILK**

Mon	Tue	Wed	Thu	Fri
				1 Cheese or Pepperoni Pizza Tossed Salad Carrots Fruit Milk
4 Chicken Nuggets With Brown Rice Corn Fruit Milk	5 Chicken Fajitas With Cheese, Salsa, And Sour Cream Peppers & Onions Black Beans Fruit and Milk	6 Italian Dunkers with Dipping Sauce Peas Fruit Milk	7 Chicken Parmesan with Pasta & Roll Steamed Spinach Fruit Milk	8 Cheese or Pepperoni Pizza Tossed Salad Carrots Fruit Milk
11 Chicken Nuggets With Brown Rice Corn Fruit Milk	12 Mozzarella Sticks with Sauce & Roll Broccoli Fruit Milk	13 Taco Wrap with Cheese, Salsa And Sour cream Black Beans Fruit Milk	14 Tony's 5in Round Piz- za Tossed Salad Carrots Fruit Milk	<b>15 No School  District Conference Day</b>
18 Chicken Nuggets With Brown Rice Baked Beans Fruit Milk <b>MED Picture Day</b>	19 <b>MED ONLY Early Dismissal @ 11am No Lunches Served</b>	20 General Tso's Chick- en over Rice Broccoli Fruit Milk	21 <b>MED ONLY Early Dismissal @ 11am No Lunches Served</b>	22 Stuffed Crust Pizza Tossed Salad Carrots Fruit Milk
25 Chicken Nuggets With Brown Rice Corn Fruit Milk	26 Warm Turkey & Cheese on a bagel Broccoli Fruit Milk	27 Chicken Patty on a whole wheat bun Baked Beans Fruit Milk	28 <b>Early Dismissal MED 12:00 Bagged Lunch</b> Deli Sandwich with Sliced Cucumbers, Fruit and Milk	29 Cheese or Pepperoni Pizza Tossed Salad Carrots Fruit Milk