

MED Breakfast \$1.45
 MED Lunch \$2.90
 MS/HS Breakfast \$1.45
 MS/HS Lunch \$2.90
 Reduced Meals \$.25
 Milk \$.60
 Chips \$.75
 Ice Cream \$.80

Middle & High School Lunch Menu



January 2019

Menu is Subject To Change w/out notice

Daily Sandwich Choices:
 Mon: Tuna
 Tue: Ham Sandwich
 Wed: Turkey & Cheese
 Thurs: Ham Sandwich
 Friday: Turkey Sandwich

Available Daily
 Grab & Go Salads
 Peanut Butter & Jelly

Milk Available daily
 Fat Free Chocolate
 1% Milk
 Skim

Prepayment of meals is always available. Free / Reduced applications are always available in the cafeteria.

Questions for the cafeteria please call Barbara Murray, Food Service Supervisor at 392-1536 or email at murrayb@chatham.k12.ny.us

**PLEASE NOTE:
 THERE IS NO CHARGING OF ANY ALACARTE ITEMS INCLUDING MILK**

Mon	Tue	Wed	Thu	Fri
	1 No School Happy New Year	2 No School Holiday Recess	3 General Tso's Chicken over Brown Rice Broccoli Fruit Milk	4 Stuffed Crust Pizza Tossed Salad Carrot Sticks Fruit Milk
7 Chicken Nuggets with Brown Rice Roasted Cauliflower Fruit Milk	8 Mozzarella Sticks with Sauce & Roll Broccoli Fruit Milk	9 Popcorn Chicken Bowl with Gravy and a roll Corn Fruit Milk	10 Boneless Chicken Wing Bar Choice of wing flavor With Rice & Roll Baked Beans Fruit & Milk	11 Cheese or Pepperoni Pizza or White Broccoli Pizza Tossed Salad Carrot Sticks Fruit
14 Warm Ham & Cheese On a Bagel Au Gratin Potatoes Fruit Milk	15 Chicken Parmesan on a bun Broccoli Fruit & Milk MS ONLY 11:15 Early Dismissal	16 Turkey Bacon Cheddar Wrap Baked Beans Fruit Milk	17 Baked Ziti w/ Meatballs & Roll Green Beans Fruit Milk	18 Cheese or Pepperoni Pizza Tossed Salad Carrot Sticks Fruit Milk
21 No School Martin Luther King, Jr Day	22 Chicken Nuggets with Brown Rice Green Beans Fruit Milk **Regents at HS	23 Cheeseburger on a bun w/pickles, lettuce Baked Beans Fruit Milk **Regents at HS	24 Oven Roasted Turkey with Gravy & Roll Oven Roasted Potatoes Fruit & Milk **Regents at HS	25 Tony's Pizza Tossed Salad Carrot Sticks Fruit Milk **Regents at HS
28 Chicken Nuggets with Brown Rice Green Beans Fruit Milk	29 Toasted Cheese Tomato Soup Broccoli Fruit Milk	30 Chicken Fajitas with 2 Wraps, Cheese, Sour Cream, Salsa, Peppers & Onions Spanish Rice Black Beans, Fruit & Milk	31 Brunch For Lunch French Toast Sticks Sausage French Fries Fruit Milk	**Regents at HS A light lunch will be available in the lobby from 11:30-12:20 Each day