

On behalf of the Chatham Central School District Guidance & Counseling Department, we are pleased to provide you with this guide of area programs and services. It is intended as a resource for families seeking contact information for a wide range of agencies, organizations and groups.

We have made our best effort to provide accurate and inclusive information. If you are aware of a resource that has been omitted, please feel free to contact any counselor or social worker employed by the Chatham Central School District. Additional information, including private counselors and academic tutors can be obtained through the Guidance Department of each building.

TABLE OF CONTENTS

Addiction Services..... Page 2

Area Activities..... Page 7

Community Service..... Page 10

Early Childhood Services..... Page 12

Educational Programs..... Page 14

Jobs and Careers..... Page 15

Legal and Victim Assistance..... Page 15

Medical Services..... Page 17

Mental Health Services..... Page 18

Public Assistance/Social Services..... Page 20

Support Groups..... Page 22

ADDICTION SERVICES

AL-ANON FAMILY

Provide understanding and support to friends and families of problem drinkers.

- www.al-anon.org
- Find other local meetings here:
<http://al-anon.info/MeetingSearch/Al-AnonMeetings.aspx?language=EN>

ALCOHOLICS ANONYMOUS COLUMBIA COUNTY

Alcoholics Anonymous is a fellowship of men and women who have had a drinking problem. There are no age or education requirements. Membership is open to anyone who wants to do something about his or her drinking problem.

- Answering Service: (518) 463-0906;
- Greene County Answering Service: (518) 625-2002;
- Capital District Central Office: (518) 463-0906
- www.aa.org
- Local Meetings: <http://meetings.aahmbny.org/index.php>

CAPITAL CITY RESCUE MISSION, ALBANY

Free shelter, clothing, food (3 meals/day, 365 days/yr), clothing provided to residents in need. Addiction recovery program as well. Residents who participate in addiction recovery program are sheltered 9 months - 1 year.

- (518) 462-0459;
- <http://www.capitalcityrescuemission.com>

CATHOLIC CHARITIES OF COLUMBIA AND GREENE COUNTIES COLUMBIA CO., HUDSON & CATSKILL

Alcohol and Substance Use Prevention Program (school-based); provide information and referral services.

- Hudson Phone: (518) 828-8660
- Catskill Phone: (518) 943-1462;
- www.catholiccharitiescsg.org

CHATHAM CARES 4 U OUTREACH INITIATIVE PROGRAM, CHATHAM

In partnership with the Police Assisted Addiction Recovery Initiative, Chatham Cares 4 U encourages residents struggling with substance use to walk into the police station, turn over their drugs and ask for help. Instead of being charged, individuals will be placed into a drug treatment program regardless of financial means and/or insurance coverage.

- Chatham Police Department Village Hall, Chatham, NY
- Walk in services
- www.chathamcares4u.com

CONIFER PARK, GLENVILLE

Medical detox and crisis intervention services. Inpatient rehab programs (separate women's program as well). Outpatient services offered at six clinics: Schenectady, Troy, Glens Falls, Rochester, Syracuse, and Plattsburgh. Adolescent program available at Arms Acres location (www.armsacres.com).

- 1-800-989-6446
- www.coniferpark.com/

CORNERSTONE OF RHINEBECK

Cornerstone offers Inpatient rehab and medical detox. 24 inpatient units that operate 24/7.

- (845) 266-3481
- www.cornerstoneny.com

FRIENDS OF RECOVERY-NY (FOR-NY), ALBANY

Friends of Recovery – New York (FOR-NY) is a statewide Recovery Community Organization (RCO) working on behalf of thousands of individuals and families in New York to educate decision makers and the public about addiction recovery. We are dedicated to ending discrimination.

- (518) 487-4395
- www.for-ny.org

MID-HUDSON ADDICTION RECOVERY CENTERS, INC. (MARC), POUGHKEEPSIE

Crisis Center offers inpatient non-medical detox. Bolger House is a 24-bed men's residence. Florence Manor is a 24-bed female residence. Dowling House is a co-ed, 12-bed, supported housing environment.

- (845) 452-8816
- www.marc.us.com

HEALTHALLIANCE OF THE HUDSON VALLEY (BENEDICTINE HOSPITAL), KINGSTON

Medical Detox, Inpatient Addiction Treatment Program, and Inpatient Rehab offered in hospital setting. Outpatient treatment offered at Bridge Back of Kingston (Benedictine) Hospital.

- Kingston Phone: (845) 338-2500
- Saugerties Phone: (845)943-6091
- www.hahv.org/find-care/services/addiction-recovery/

HOPE HOUSE, INC., ALBANY

Intensive full-immersion therapy for the special needs of adults, teens and mothers. Partnering with the NYS Office of Alcohol and Substance Abuse Services.

- (518) 482-4673;
- www.hopehouseinc.org

HUBBARD CENTERS, ALBANY

Clinically-intensive residential substance abuse communities for adolescents age 13-21.

- Outpatient - Albany (518)427-8207
- Women and children's supportive halfway house-Albany (518)453-8351
- 452-0001 (boys).
- 486-8965 (co-ed)
- <http://www.hopehouseinc.org/about-us/hubbard-center/>

HUDSON MOHAWK RECOVERY CENTER, EAST GREENBUSH

Offers a continuum of care, including both outpatient and residential programs. Outpatient services offered at Troy, Hoosick Falls, and East Greenbush sites. Outpatient intensive evening and intensive day programs available in Troy. Outpatient services for adolescents offered at all three sites. Residential services offered for men and women.

- (518) 477-7535
- www.hmrecovery.net

NARCOTICS ANONYMOUS

NA offers recovery from the effects of addiction through working a 12-step program, including regular attendance at group meetings. Group meetings provide help from peers and offer an ongoing support network for addicts who wish to reach and maintain a drug-free lifestyle.

- Regional Helpline (888) 399-5519
- www.na.org
- Local Meetings: <http://abcdrna.org/list-search/>

NAR-ANON FAMILY SUPPORT MEETINGS

The Nar-Anon Family Groups are a worldwide fellowship for those affected by someone else's addiction. As a twelve step program, we offer our help by sharing our experience, strength, and hope.

- (518) 858-6124
- <http://www.nar-anon.org>
- Local Meetings: <http://www.nar-anon.org/find-a-meeting/>

NEW CHOICES RECOVERY CENTER, SCHENECTADY

Provides addiction treatment for drug and alcohol-dependent individuals through inpatient or outpatient services.

- (518) 346-4436
- www.newchoicesrecovery.org

NYS OFFICE OF ALCOHOLISM AND SUBSTANCE ABUSE SERVICES (OASAS), ALBANY

Provides guidance, oversight, advocacy for persons affected by alcohol and/or substance use. Offers Helplines and a Treatment Provider Search. Offering help and hope 24 hours a day, 365 days a year for alcoholism, drug abuse and problem gambling. Crisis and motivational interviewing for callers in need; referrals to more than 1,500 local prevention and treatment providers; 48 hours call back to those who wish to be contacted; multi-lingual. All calls are confidential.

- (518) 473-3460
- www.oasas.ny.gov
- Find a Provider: <https://www.oasas.ny.gov/accesshelp/index.cfm>
- New York State HOPEline 1-877-8-HOPENY

RICHARD C. WARD ADDICTION TREATMENT CENTER, MIDDLETOWN

Inpatient facility offering treatment and services to aid in the recovery of addicts and their families. Ward ATC offers Acupuncture Services, a Specialized Women's Track, Dual Recovery Groups, and a new creative arts program called Innervisions to help addicts express feelings in healthy ways.

- (845) 341-2500
- <http://www.addicted.org/directory/item/rc-ward-addiction-treatment-center-inpatient-rehabilitation-unit.html>

ST. MARY'S HEALTHCARE ADDICTION SERVICES, AMSTERDAM

Medical alcohol detox provided at St. Mary's hospital in Amsterdam. 24/7 crisis hotline.

- Inpatient rehab (St. Joseph's Hall) at St. Mary's hospital location: 518-842-9111
- Opioid treatment, including Methadone Maintenance Treatment Program: 518-843-4410
- Outpatient clinic services including services for dually diagnosed: 518-841-7325
- Evening rehab offer intensive alcoholism treatment four evening/week, allowing a person in treatment to maintain employment: 518-843-4410
- www.smha.org/our-doctors/addiction-services

ST. PETER'S ADDICTION RECOVERY CENTER (SPARC), GUILDERLAND

Medical detox offered at St. Peter's hospital in Albany. Outpatient services available for those ages 18+ in six facilities (located in Albany, Schenectady and Saratoga counties). Inpatient treatment available at Guilderland location. SPARC also operates a men's community residence in Albany county. Adolescents (age 13-18) can seek treatment at one of four different outpatient facilities (Latham, Cohoes, Saratoga Springs, Schenectady).

- (518) 452-6700
- www.sphcs.org/addictionrecoveryparc

THE ADDICTIONS CARE CENTER OF ALBANY (ACCA), ALBANY

Outpatient services offered including day rehab, a medically-supervised outpatient program, and an evening program. Community residences offered for men and women who are in early to later stages of recovery.

- (518) 465-5470
- Evening Program: 518-434-2367
- Men & women's community residences: 518-434-8083
- www.theacca.net

TWIN COUNTY RECOVERY SERVICES, INC., HUDSON

Outpatient clinics (addiction medications, including Vivitrol and Suboxone prescribed), community residences, community prevention, Impaired driver program, Jail Addiction Counseling Services (at Columbia County Jail).

- 518-751-2083 ext. 320
- www.twincountyrecovery.org

YOUNG PEOPLE IN RECOVERY--HUDSON CHAPTER, HUDSON

Local chapters support young people in or seeking recovery by empowering them to obtain stable employment, secure suitable housing, and explore continuing education. Chapters also advocate on the local and state levels for better accessibility of these services and other effective recovery resources.

- 720-600-4977
- www.youngpeopleinrecovery.org

YOUTH CLUBHOUSE, HUDSON

The Clubhouse provides a safe, supportive, alcohol and drug free environment for its members. The Clubhouse welcomes all youth 12-17 and young adults 18-21 in recovery or at risk of developing a substance use disorder. Peer driven activities will promote health, wellness, and long-term recovery.

- 518-828-6700
- Program Director - 518-567-7771

AREA ACTIVITIES

4-H

- www.ccecolumbiagreene.org/4-h-youth-development.html

BOY SCOUTS TROOP 2042, TWIN RIVERS COUNCIL, CHATHAM

- www.trcscouting.org/Troop-2042-Chatham/Basic

CHATHAM LITTLE LEAGUE

- 518-392-5365
- <http://www.eteamz.com/chathamll/index.cfm?showreg=1>

CHATHAM PUBLIC LIBRARY

- 518-392-3666
- <http://chatham.lib.ny.us/>

CRELLIN PARK, CHATHAM, NY

Youth recreational soccer and basketball.

- 518-392-0337
- Crellinpark.org

FAMILY RESOURCE CENTER OF COLUMBIA COUNTY, CHATHAM

- 518-392-3911
- <http://familyresourcecenterscc.org/>

GIRL SCOUTS OF NORTHEASTERN NY

- (518) 489-8110.
- www.gsneny.org

JUNIOR EXPLORERS, CHATHAM

Chatham Fire Department Program

- 518-392-2751
- <http://villageofchatham.com>

MID-HUDSON LIBRARY SYSTEM, POUGHKEEPSIE

- 845-471-6060
- <https://midhudson.org//departments/fire-department/>

MORRIS MEMORIAL, CHATHAM

Youth recreational and after school programs.

- (518) 392-4622
- www.morrismemorial.com

NORTHERN COLUMBIA COUNTY POP WARNER FOOTBALL & CHEERLEADING, CHATHAM

- 518-755-3205
- <http://www.eteamz.com/nccwildcats/>

PS-21 PERFORMANCE SPACE, CHATHAM

- 518.392.6121
- <http://ps21chatham.org/>

STRIDE, NORTH GREENBUSH

Adaptive sports

- 518-598-1279
- <http://www.stride.org/>

SUMMER CAMPS

GHENT SUMMER CAMP

- 518-392-7672
- http://www.townofghent.org/images/uploads/rec/2015/GHENT_REC_PROGRAM_RULES_2015.pdf

AUSTERLITZ SUMMER PROGRAM

- 518-392-3571
- austerlitzny.com/summer-recreation-program/

KINDERHOOK SUMMER PROGRAM

- 518-758-9882
- villageofkinderhook.org/recreation2.html

WEST GHENT SUMMER CAMP

- 518-822-9599
- http://www.townofghent.org/images/uploads/rec/2015/GHENT_REC_PROGRAM_RULES_2015.pdf

THEATERS

GHENT PLAYHOUSE

- 518-392-6264
- www.ghentplayhouse.org/

MAC-HAYDEN

350-seat theater-in-the-round stages musicals, from Broadway revivals to kids' shows

- 518-393-9292
- <http://www.machaydntheatre.org/>

THEATER BARN

- 518-794-8989
- <http://www.thetheaterbarn.org/>

VALATIE COMMUNITY THEATER

- 518-758-1309 or 518-758-1309
- www.valatietheatre.org/

COMMUNITY SERVICE OPPORTUNITIES

ALAN DEVOE BIRD CLUB WILSON M. POWELL WILDLIFE SANCTUARY, OLD CHATHAM

The preserve, protected by the Columbia County Land Conservancy, provides a great deal of natural diversity in approximately 145 acres including a stream, a marshy area, glades and Reilly Pond.

- <http://www.alandevoebirdclub.org/index.htm>

CAMPBILL VILLAGE, COPAKE

Camphill Village celebrates and honors the uniqueness, dignity and spiritual integrity of each individual, regardless of outward appearance or disability. Adults with special needs and long- and short-term service volunteers strive to live and work together as equals in extended families in homes throughout the Village.

- 518-329-4851
- <http://www.camphillvillage.org/>

CAMPBILL GHENT, CHATHAM

Camphill Ghent is a vibrant residential community for elders that offers a meaningful quality of life and a rich, active social program designed to support residents in maintaining their independence and joy of living. Assistance with daily living activities, personal care, 24-hour staffing, case management and home health services is included.

- 518-392-2760
- info@camphillghent.org

CHATHAM AREA SILENT FOOD PANTRY, CHATHAM

The Chatham Area Silent Food Pantry provides food to people in need. The only mission is to give food and related essentials to the hungry who live primarily in the area of the Chatham Central School District, although they do not turn away people who come from outside the school district.

- Pantry Coordinators 518-392-7794
- <http://www.chathamsilentpantry.org/volunteer/>

COLUMBIA-GREENE HUMANE SOCIETY, HUDSON

The Columbia-Greene Humane Society, is dedicated to the protection, humane treatment & well being of all animals. We do not euthanize animals for space.

- 518-828-6044
- <https://cghs.org/>

COLUMBIA LAND CONSERVANCY, CHATHAM

The Columbia Land Conservancy works with the community to conserve the farmland, forests, wildlife habitat, and rural character of Columbia County, strengthening connections between people and the land.

- Phone: (518) 392-5252
- <https://connect.clctrust.org/>

FIREMEN'S HOME, HUDSON

At the FASNY Firemen's Home they believe the sense of community born upon entering the fire service is a part of someone for life. That's why they built this "Home Away from Home," a sanctuary of sorts for former volunteer firefighters. They provide quality health care, rehabilitative therapy, daily social activities and special events.

- 518-828-7695
- <http://www.firemenshome.com/>

GHENT FOOD PANTRY, GHENT

The Ghent Food Pantry is part of the greater regional food bank of northeastern NY.

- 518-392-4644
- <http://www.townofghent.org>

PAYN HOME, CHATHAM

The Louis F. Payn Foundation is a private, not-for-profit retirement residence located in the Village of Chatham, New York. The home is a sensible, affordable option for the independent retired person.

- 518-392-4971
- <http://paynhome.org/quick-facts.php>

REGIONAL FOOD BANK. LATHAM

The Food Bank collects large donations of food from the food industry and distributes it to charitable agencies serving hungry and disadvantaged people in 23 counties. From Plattsburgh to Newburgh, in urban, rural, and suburban communities, the Food Bank provides over 30 million pounds of food a year to 1,000 agencies.

- 518-786-3691
- <http://www.regionalfoodbank.net/>

STRIDE, RENSSELAER

STRIDE's mission is to educate and empower individuals with special needs in life-changing sport and recreation programs to sustain healthy, active and fun lifestyles.

- 518-598-1279
- <http://www.stride.org/>

WHITTIER HOME, GHENT

Whittier Place Assisted Living Center is a comfortable, elegant facility where gracious living is an everyday experience. In addition to the Adult Home and Assisted Living Program, our sister facility, Whittier Rehabilitation & Skilled Nursing Center, is conveniently located on the same site.

- 518) 828-0800
- http://www.whittierhealth.com/nursing_homes/whittier_place.html

EARLY CHILDHOOD SERVICES

FAMILY RESOURCE CENTER, CHATHAM

Family Resource Centers of Columbia County responds to community needs and provides much needed enrichment programs for parents and children.

- 518-392-3911
- <http://familyresourcecenterscc.org/>

NYS DEPARTMENT OF HEALTH, HUDSON

- 518-828-3358
- www.columbiacountyny.com/health/

CAPITALCARE DEVELOPMENTAL PEDIATRICS, LATHAM

Offer high level clinical diagnostic services

- (518) 782-7733
- http://www.capcare.com/find-a-doctor/Capital-Care-Developmental-Behavioral-Pediatrics_27-location.htm

HEAD START

Head Start offers daily and weekly pre-school activities to income eligible children and families in classroom settings and homes throughout the Columbia County.

- 518-392-2255, Ext. 3055
- http://www.columbiaopportunities.org/index.cfm?fuseaction=dep_intro&dept_id=4

CHATHAM KIDS CLUB, CHATHAM

Chatham Kids Club is a school-age child care program offering quality care before school, after school, and during school breaks.

- 518-392-9848
- https://www.facebook.com/Chatham-Kids-Club-131997136819267/about/?ref=page_internal

COARC, MELLENVILLE

COARC is an advocate and resource for individuals with disabilities and their families. Services range from employment programs to residential services from preschool to seniors.

- 518-672-4451
- <http://www.coarc.org/>

THE CENTER FOR DISABILITY SERVICES, ALBANY

The Center for Disability Services provides innovative services and expert care for individuals with disabilities and chronic medical conditions in the Capital Region.

- 518-437-5700
- <http://cfdnsny.org/htmlweb/CFDShome2.html>

OLD CHATHAM CHILDCARE

- 518-794-9969
- <https://www.facebook.com/Oldchathamchildcare/>

CHATHAM PRESCHOOL, CHATHAM

- 518-392-3622

EDUCATIONAL PROGRAMS

CORNELL COOPERATIVE EXTENSION, HUDSON

Cornell Cooperative Extension puts knowledge to work in pursuit of economic vitality, ecological sustainability and social well-being. We bring local experience and research based solutions together, helping New York State families and communities thrive in our rapidly changing world.

- 518-828-3346
- <http://www.ccecolumbiagreene.org/>

ACCES-VR, ALBANY

ACCES-VR assists individuals with disabilities to achieve and maintain employment and to support independent living through training, education, rehabilitation, and career development.

- <http://www.acces.nysed.gov/>
- 518-473-8097 or 800-272-5448

CATHOLIC CHARITIES OF COLUMBIA & GREENE COUNTIES, HUDSON

Offering a variety of program and services including parenting classes, WIC, substance abuse prevention education and emergency assistance.

- <http://www.catholiccharitiescg.org/>
- 518-828-8660

NORTHERN RIVERS, HUDSON

Northern Rivers offers a variety of services including behavioral health, parent education, respite, and case management.

- 518-671-6755
- <http://www.neparentchild.org/programs/>

LITERACY CONNECTIONS OF THE HUDSON VALLEY, HUDSON

Literacy Tutoring for Adults, Children, and English Language Learner

- 518-697-8227
- <http://www.literacyconnections.org>

JOBS & CAREER

COLUMBIA-GREENE WORKFORCE NEW YORK, HUDSON

Providing information about the partner organizations that encompass our local system and to ease your access to local, state, federal, and private employment services available in the twin counties.

- 518-828-4181 x5510
- <http://www.columbiagreenworks.org/support.htm>

NORTHEAST CAREER PLANNING, MENANDS

Offers vocational programs to help individuals with barriers to employment determine realistic job goals and provide assistance to achieve them. They have specialized programs to meet the specific needs of those with mental illness, developmental disabilities, physical disabilities, addictions and substance abuse, and all other barriers to employment.

- 518-465-5201
- <http://www.northeastcareer.org/>.

NYS DEPARTMENT OF LABOR AND UNEMPLOYMENT OFFICE

Search for jobs by area and obtain information regarding unemployment.

- <http://www.labor.ny.gov/home/>

LEGAL & VICTIM ASSISTANCE

LEGAL AID SOCIETY OF NORTHEASTERN NY, ALBANY

Provides free civil legal services and education to and advocacy for people with low income or other barriers to accessing the legal system. We secure basic needs, protect and preserve legal rights, provide equal access to justice and seek fairness and dignity for our clients.

- 518-462-6765
- Toll-free: 1-800-462-2922; Fax: 518-427-8352
- <https://www.lasny.org/>

COLUMBIA COUNTY PROBATION, HUDSON

We cooperate within a system of criminal justice and community service agencies to hold adult and juvenile offenders accountable and to facilitate compliance with court orders.

- (518) 828-2969
- <https://sites.google.com/a/columbiacountyny.com/columbia-county-probation-department/>

PINS/PINS DIVERSION, HUDSON

JD/PINS adjustment/diversion for juveniles provides assessment and referral to appropriate community service providers thereby diverting those youth and families from the court process.

- (518) 828-2969
- <https://sites.google.com/a/columbiacountyny.com/columbia-county-probation-department/>

COLUMBIA COUNTY FAMILY COURTS, HUDSON

- (518) 267-3150

COLUMBIA-GREENE DOMESTIC VIOLENCE PROGRAM, CATSKILL

Community Action of Greene County, Inc. is the designated anti-poverty agency serving all of Greene County. The Agency also serves Columbia County through its Domestic Violence Program. Community Action of Greene County, Inc. links human service resources throughout our service area to provide leadership and serve the specific needs of each community.

- (518) 943-9211
- Greene County Office: 518.943.9205
- <http://cagcny.org/domestic-violence/>

REACH CENTER, HUDSON

Crisis intervention, confidential counseling, and support groups are available 24 hours a day to survivors of crime and violence.

- (518) - 828-5556 OR toll free at (888)-943-2472.
- <http://www.greenehealthnetwork.com>

COLUMBIA GREENE CRIME VICTIMS ADVOCACY PROGRAMS, CATSKILL

Offers coordinated services to address the physical, emotional and financial needs of crime victims and their families. The Program is designed to ease a victim's fear and confusion in dealing with the court process.

- 518-943-9205
- <http://cagcny.org/crime-victims-advocacy/>

MEDICAL SERVICES

AIDS COUNCIL OF NORTHEASTERN NEW YORK IS NOW THE ALLIANCE FOR POSITIVE HEALTH, HUDSON

- Phone: (518) 828-3624
- <http://www.allianceforpositivehealth.org/>

COLUMBIA COUNTY DEPARTMENT OF HEALTH, HUDSON

- 518-828-3558 Extension 4
- <https://sites.google.com/a/columbiacountyny.com/health/>

THE HEALTH CENTER HUDSON (HRH CARE), HUDSON

- 518-751-3060
- www.HRHCARE.ORG

PLANNED PARENTHOOD, HUDSON

- 518-828-4675
- www.plannedparenthood.org

ALIGHT CENTER, HUDSON

Pregnancy testing, counseling and support for adoption process

- 518-822-9008
- <http://alightpc.org/>

CENTER FOR DEVELOPMENTAL SERVICES, ALBANY

- 518-437-5700
- www.cfdsny.org

COLUMBIA OPPORTUNITIES INC., HUDSON

Columbia Opportunities, Inc. is the Community Action Program in Columbia County, New York. With a mission to solve poverty related problems in the community, COI provides opportunities to families and individuals so they may attain the skills, knowledge, and resources they need to become self-reliant.

- 518-828-4614
- <http://www.columbiaopportunities.org/>

HEALTHCARE CONSORTIUM, HUDSON

Medical Insurance Assistance

- 518-828-8820
- <http://www.columbiahealthnet.org/>

MUSCULAR DYSTROPHY ASSOCIATION, ALBANY

MDA is the nonprofit health agency dedicated to curing muscular dystrophy, ALS and related diseases by funding worldwide research.

- Phone:(518) 489-5495
- <https://www.mda.org/>

MENTAL HEALTH SERVICES

AMERICAN SOCIETY FOR SUICIDE PREVENTION

- (518) 828-9411
- www.afsp.org

APOGEE CENTER, HUDSON

Apogee Center offers an array of mental health services and support to adults to ensure recovery for people living with mental illness, including peer-to-peer services and Wellness Recovery Action Plan services.

- (518) 697-0976
- <http://www.apogeecenter.org>

CENTER CARE COORDINATION SERVICES

Comprehensive Case Management, Care Coordination and Health Promotion, Comprehensive Transitional Care, Patient and Family Support, Referrals to Community and Social Support Services.

- (518) 828-9446

CCDHS SINGLE POINT OF ACCESS (SPOA), HUDSON

Adult SPOA Program helps connect specially identified applicants to the most appropriate residences and services. The goal is to remove barriers to successful community living for adults with serious mental illness.

- (518) 828-9446 ext. 2246

COLUMBIA COUNTY DEPARTMENT OF HUMAN SERVICES (CCDHS), HUDSON

To develop and maintain coordinated integrated continuum of services which permits all individuals to reach their personal potential and live their lives with dignity and independence.

- (518) 828-9446

COLUMBIA COUNTY MENTAL HEALTH CENTER, HUDSON

Individual and group therapy, psychiatric evaluations, medication management

- (518) 828-9446
- www.columbiacountymhc.com

COLUMBIA MEMORIAL HOSPITAL-INPATIENT/OUTPATIENT PSYCHIATRIC SERVICES, HUDSON

Inpatient acute psychiatric care. Outpatient psychiatric services

- (518) 828-7601
- <https://www.columbiamemorialhealth.org/psychiatry/>

FOUR WINDS HOSPITALS (OUTPATIENT), SARATOGA

Services Provided: Inpatient and outpatient mental health services for children (age 5+), adolescents, and adults.

- (518) 584-3600
- www.fourwindshospital.com

MENTAL HEALTH ASSOCIATION OF COLUMBIA AND GREENE COUNTIES, HUDSON

Children's case management, family and youth services, respite and skill building, parent support groups, after school programming, Team Action (support group for teens), Youth Mentoring Program

- 518-828-4619
- www.mhacg.org

MOBILE CRISIS ASSESSMENT TEAM (MCAT), CATSKILLS,

Phone assessments and consultation; on-site face to face mental health assessments; referrals to available services; follow up from psychiatric hospitalizations; wellness calls and visits when someone is concerned, etc.

- (518) 943-5555

NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI) VALATIE

Education and support for families and individuals affected by mental illness in Columbia County.

- (518) 336-0246
- www.namicolumbiacountyny.org

NATIONAL SUICIDE PREVENTION LIFELINE

- 800-273-TALK (8255)
- www.suicidepreventionlifeline.org

TREVOR PROJECT

A 24 hour crisis line for youth in crisis and needing emotional support. Specifically designed for LGBTQ youth.

- (866) 488-7386
- www.thetrevorproject.org

PUBLIC ASSISTANCE/SOCIAL SERVICES

CHATHAM FOOD PANTRY, CHATHAM, NY

- 518-392-7794
- <http://www.chathamsilentpantry.org/>

COLUMBIA OPPORTUNITIES

Columbia Opportunities mission is to solve poverty related problems in the community and to provide opportunities individuals so they can obtain the skills and resources they need to become self-reliant. Provides Section 8 Rental Assistance

- 518-672-6612
- (518) 828-4611
- <http://www.columbiaopportunities.org/>

GHENT FOOD PANTRY, GHENT

- (518) 392-4644
- <http://www.foodpantries.org/>

HABITAT FOR HUMANITY

Available affordable housing

- 518-828-0892
- <http://columbiacountyhabitat.org/>

HEAP-HOME ENERGY ASSISTANCE PROGRAM

Provides financial assistance that can be applied to utility bills

- 518-822-0707
- <http://otda.ny.gov/programs/heap/>

HEALTHCARE CONSORTIUM

Services to increase access to quality health care, including transportation for medical appointments.

- (518) 822-8820, (518) 882-8820
- <http://www.columbiahealthnet.org/>

HOUSING RESOURCES OF COLUMBIA COUNTY, HUDSON

- 518-822-0707
- <https://www.columbiachamber-ny.com/>

MIGRANT FARMWORKER SERVICE, HUDSON

- (518) 828-3358-1252
- <https://sites.google.com/a/columbiacountyny.com/health/programs-and-services/migrant-health>

SALVATION ARMY, HUDSON

- (518) 828-0420
- <http://www.salvationarmyus>

TEMPORARY ASSISTANCE/RENTAL ASSISTANCE

- <http://www.shelterlistings.org/>

SUPPORT GROUPS

ABUSE SUPPORT GROUPS, SURVIVORS OF ABUSE

The Reach Center, (518) 282-5556

ANGER MANAGEMENT CLASSES

- LifePsycle Behavioral Health Center (518) 942-1000
- Hudson Center for Wellness (518) 943-0059

BEREAVEMENT SUPPORT

The Community Hospice of Columbia/Greene County offers support for those who are grieving from the loss of a loved one

- (518)-943-5402

NARCOTICS ANONYMOUS

Offers recovery from the effects of addiction through working a twelve-step program, including regular attendance at group meetings in the Capital Region

- Regional Helpline (888)-399-5519
- www.na.org