

Alternate Lunch Choices:
 Monday & Thursday -
 Chicken Patty on a bun
 Tuesday & Wednesday -
 Cheese Pizza

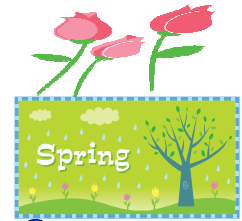
MS & HS Lunch \$2.25
 Breakfast \$1.25
 Reduced Price \$.25

CHATHAM CENTRAL SCHOOL

LUNCH MENU

Middle and High School

March 2010



MONDAY

1

Early
Dismissal

No
Lunches
Served

8

**Buffalo Chicken
Patty on a bun**
 Rice
 Steamed Italian Veggies
 Assorted Fruit & Milk
 PBJ

Assorted Sandwiches
 Assorted Salads

15

**Warm Chicken &
Cheddar Wrap**
 Mixed Vegetables
 Assorted Fruit
 Milk
 PBJ

Assorted Sandwiches
 Assorted Salads

22

Double Dog in buns
 Baked Beans
 Celery Sticks
 Assorted Fruit
 Milk
 PBJ

Assorted Sandwiches
 Assorted Salads

29

Double Nuggets
 Rice & Beans
 Steamed Broccoli
 Assorted Fruit
 Milk
 PBJ

Assorted Sandwiches
 Assorted Salads

TUESDAY

2

**Chicken Parm
on a bun**
Steamed Broccoli
 Homemade Trail Mix
 Assorted Fruit & Milk
 PBJ

Assorted Sandwiches
 Assorted Salads

9

**Warm Turkey
& Cheddar Wrap**
 Corn
 Fruit & Yogurt Parfait
 Assorted Fruit & Milk
 PBJ

Assorted Sandwiches
 Assorted Salads

16

**Turkey & Gravy
Stuffing**
 Corn
 Assorted Fruit
 Milk
 PBJ

Assorted Sandwiches
 Assorted Salads

23

**Stuffed Crust Cheese
or Pepperoni Pizza**
 Peas
 Assorted Fruit
 Milk
 PBJ

Assorted Sandwiches
 Assorted Salads

30

**Sloppy Joe
on a bun**
 Green beans
 Assorted Fruit
 Milk
 PBJ

Assorted Sandwiches
 Assorted Salads

WEDNESDAY

3

Taco Salad
**Cheese, Lettuce
& Sour Cream**
 Rice & Beans
 Assorted Fruit & Milk
 PBJ

Assorted Sandwiches
 Assorted Salads

10

**Double Cheeseburger
on a bun**
 Oven Baked Fries
 Green Beans
 Assorted Fruit & Milk
 PBJ

Assorted Sandwiches
 Assorted Salads

17

**Taco Wrap w/
Salsa, Lettuce, Cheese**
 Carrots
 Homemade Trail Mix
 Assorted Fruit & Milk
 PBJ

Assorted Sandwiches
 Assorted Salads

24

**Spanish Rice
with Beef**
 Carrot Sticks
 Assorted Fruit
 Milk
 PBJ

Assorted Sandwiches
 Assorted Salads

31

**Cheese Pizza or
Pepperoni Pizza**
 Tossed Salad
 Assorted Fruit
 Milk
 PBJ

Assorted Sandwiches
 Assorted Salads

THURSDAY

4

Brunch For Lunch
**French Toast & Syrup
with Sausage**
 Carrot Sticks
 Homemade Trail Mix
 Assorted Fruit & Milk

Assorted Sandwiches
 Assorted Salads

11

**Fish Patty
on a bun**
 Peas
 Assorted Fruit
 Milk
 PBJ

Assorted Sandwiches
 Assorted Salads

18

**Chef Salad or
BBQ Chicken Wrap**
 Steamed Italian Veggies
 Assorted Fruit
 Milk
 PBJ

Assorted Sandwiches
 Assorted Salads

25

**Chicken Caesar Salad
or Toasted Cheese
w/ Tomato Soup**
 Green Beans
 Assorted Fruit & Milk
 PBJ

Assorted Sandwiches
 Assorted Salads



FRIDAY

5

**Cheese Pizza or
Pepperoni Pizza**
 Tossed Salad
 Assorted Fruit
 Milk
 PBJ

Assorted Sandwiches
 Assorted Salads

12

**Cheese Pizza or
Pepperoni Pizza**
 Tossed Salad
 Assorted Fruit
 Milk
 PBJ

Assorted Sandwiches
 Assorted Salads

19

**Cheese Pizza or
Pepperoni Pizza**
 Tossed Salad
 Assorted Fruit
 Milk
 PBJ

Assorted Sandwiches
 Assorted Salads

26

**Cheese Pizza or
Pepperoni Pizza**
 Tossed Salad
 Assorted Fruit
 Milk
 PBJ

Assorted Sandwiches
 Assorted Salads



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 Barbara Murray (518) 392-1536
 Food Service Supervisor. Prepayment of meals is always
 available. Free/Reduced applications are available in the
 cafeteria and the main office.