

MED Lunch \$2.00  
 MS/ HS Lunch \$2.25  
 Reduced Lunch \$.25  
 Milk \$.50  
 Menu Is Subject To  
 Change

# CHATHAM CENTRAL SCHOOL LUNCH MENU

Mary E. Dardess Elementary School

March 2010



**MONDAY**  
1

Early  
Dismissal

No  
Lunches  
Served

**8**

Popcorn Chicken  
Rice  
Steamed Italian Veggies  
Assorted Fruit  
Milk  
PBJ

Ham & cheese Sand.

**15**

Chicken Patty on a bun  
Steamed Rice  
Peas  
Assorted Fruit  
Milk  
PBJ

Ham & cheese Sand.

**22**

Hot Dog in a bun  
Baked Beans  
Celery Sticks  
Assorted Fruit  
Milk  
PBJ

Ham & cheese Sand.

**29**

Chicken Nuggets  
Rice & Beans  
Steamed Broccoli  
Assorted Fruit  
Milk  
PBJ

Ham & cheese Sand.

**TUESDAY**  
2

Chicken Parm  
On a bun  
Steamed Broccoli  
Homemade Trail Mix  
Assorted Fruit  
Milk  
PBJ

Turkey & Cheese Sand

**9**

Warm Turkey  
& Cheddar Wrap  
Corn  
Fruit & Yogurt Parfait  
Assorted Fruit & Milk  
PBJ

Turkey & Cheese Sand

**16**

Turkey & Gravy  
Stuffing  
Corn  
Assorted Fruit  
Milk  
PBJ

Turkey & Cheese Sand

**23**

Stuffed Crust Cheese  
or Pepperoni Pizza  
Peas  
Assorted Fruit  
Milk  
PBJ

Turkey & Cheese Sand

**30**

Sloppy Joe  
on a bun  
Green Beans  
Assorted Fruit  
Milk  
PBJ

Turkey & Cheese Sand

**WEDNESDAY**  
3

Taco Salad w/ Salsa  
Cheese, Lettuce  
& Sour Cream  
Rice & Beans  
Assorted Fruit & Milk  
PBJ

Bologna & Cheese Sand

**10**

Cheeseburger on a bun  
Oven baked Fries  
Green Beans  
Assorted Fruit  
Milk  
PBJ

Bologna & Cheese Sand

**17**

Taco Wrap w/  
Salsa, Lettuce, Cheese  
Carrots  
Homemade Trail Mix  
Assorted Fruit & Milk  
PBJ

Bologna & Cheese Sand

**24**

Spanish Rice  
With Beef  
Carrot Sticks  
Assorted Fruit  
Milk  
PBJ

Bologna & Cheese Sand

**31**

Cheese Pizza or  
Pepperoni Pizza  
Tossed salad  
Assorted Fruit  
Milk  
PBJ

Bologna & Cheese Sand

**THURSDAY**  
4

Brunch For Lunch  
French Toast & Syrup  
with Sausage  
Carrot Sticks  
Homemade Trail Mix  
Assorted Fruit & Milk  
PBJ

Tuna Sandwich

**11**

Cheese Pizza or  
Pepperoni Pizza  
Tossed salad  
Homemade Trail Mix  
Assorted Fruit & Milk  
PBJ

Salami & Cheese Sand.

**18**

Chef Salad or  
BBQ Chicken Sand.  
Steamed Italian Veggies  
Assorted Fruit  
Milk  
PBJ

Tuna Sandwich

**25**

Chicken Caesar Salad  
or Toasted Cheese  
with Tomato Soup  
Green Beans  
Assorted Fruit & Milk  
PBJ

Tuna Sandwich

**FRIDAY**  
5

Cheese Pizza or  
Pepperoni Pizza  
Tossed salad  
Assorted Fruit  
Milk

PBJ

Salami & Cheese Sand.

**12**

Early  
Dismissal  
MED Only  
No  
Lunches  
Served

**19**

Cheese Pizza or  
Pepperoni Pizza  
Tossed salad  
Assorted Fruit  
Milk

PBJ

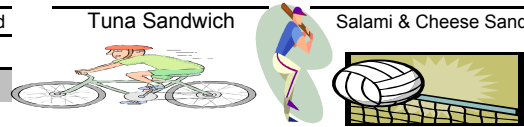
Salami & Cheese Sand.

**26**

Cheese Pizza or  
Pepperoni Pizza  
Tossed salad  
Assorted Fruit  
Milk

PBJ

Salami & Cheese Sand.



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 Barbara Murray (518) 392-1536  
 Food Service Supervisor  
 Prepayment of meals is always available. Free/Reduced  
 applications are available in the cafeteria and the main office.