

MED Lunch \$2.00
 MS/ HS Lunch \$2.25
 Reduced Lunch \$.25
 Milk \$.50
 Menu Is Subject To
 Change

CHATHAM CENTRAL SCHOOL LUNCH MENU

Mary E. Dardess Elementary School

March 2010



MONDAY
1

Early
Dismissal

No
Lunches
Served

8

Popcorn Chicken
Rice
Steamed Italian Veggies
Assorted Fruit
Milk
PBJ

Ham & cheese Sand.

15

Chicken Patty on a bun
Steamed Rice
Peas
Assorted Fruit
Milk
PBJ

Ham & cheese Sand.

22

Hot Dog in a bun
Baked Beans
Celery Sticks
Assorted Fruit
Milk
PBJ

Ham & cheese Sand.

29

Chicken Nuggets
Rice & Beans
Steamed Broccoli
Assorted Fruit
Milk
PBJ

Ham & cheese Sand.

TUESDAY
2

Chicken Parm
On a bun
Steamed Broccoli
Homemade Trail Mix
Assorted Fruit
Milk
PBJ

Turkey & Cheese Sand

9

Warm Turkey
& Cheddar Wrap
Corn
Fruit & Yogurt Parfait
Assorted Fruit & Milk
PBJ

Turkey & Cheese Sand

16

Turkey & Gravy
Stuffing
Corn
Assorted Fruit
Milk
PBJ

Turkey & Cheese Sand

23

Stuffed Crust Cheese
or Pepperoni Pizza
Peas
Assorted Fruit
Milk
PBJ

Turkey & Cheese Sand

30

Sloppy Joe
on a bun
Green Beans
Assorted Fruit
Milk
PBJ

Turkey & Cheese Sand

WEDNESDAY
3

Taco Salad w/ Salsa
Cheese, Lettuce
& Sour Cream
Rice & Beans
Assorted Fruit & Milk
PBJ

Bologna & Cheese Sand

10

Cheeseburger on a bun
Oven baked Fries
Green Beans
Assorted Fruit
Milk
PBJ

Bologna & Cheese Sand

17

Taco Wrap w/
Salsa, Lettuce, Cheese
Carrots
Homemade Trail Mix
Assorted Fruit & Milk
PBJ

Bologna & Cheese Sand

24

Spanish Rice
With Beef
Carrot Sticks
Assorted Fruit
Milk
PBJ

Bologna & Cheese Sand

31

Cheese Pizza or
Pepperoni Pizza
Tossed salad
Assorted Fruit
Milk
PBJ

Bologna & Cheese Sand

THURSDAY
4

Brunch For Lunch
French Toast & Syrup
with Sausage
Carrot Sticks
Homemade Trail Mix
Assorted Fruit & Milk
PBJ

Tuna Sandwich

11

Cheese Pizza or
Pepperoni Pizza
Tossed salad
Homemade Trail Mix
Assorted Fruit & Milk
PBJ

Salami & Cheese Sand.

18

Chef Salad or
BBQ Chicken Sand.
Steamed Italian Veggies
Assorted Fruit
Milk
PBJ

Tuna Sandwich

25

Chicken Caesar Salad
or Toasted Cheese
with Tomato Soup
Green Beans
Assorted Fruit & Milk
PBJ

Tuna Sandwich

FRIDAY
5

Cheese Pizza or
Pepperoni Pizza
Tossed salad
Assorted Fruit
Milk

PBJ

Salami & Cheese Sand.

12

Early
Dismissal
MED Only
No
Lunches
Served

19

Cheese Pizza or
Pepperoni Pizza
Tossed salad
Assorted Fruit
Milk

PBJ

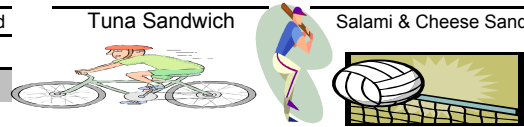
Salami & Cheese Sand.

26

Cheese Pizza or
Pepperoni Pizza
Tossed salad
Assorted Fruit
Milk

PBJ

Salami & Cheese Sand.



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 Barbara Murray (518) 392-1536
 Food Service Supervisor
 Prepayment of meals is always available. Free/Reduced
 applications are available in the cafeteria and the main office.