

# I N F O R M A T I O N

## *Chatham* Adult Ed



## Spring 2012 Course Information

The beliefs and views expressed in the courses taught at Chatham Adult Ed are those of the instructors and are not necessarily shared by the Chatham Central School District or its administrators.

**REGISTRATION:** Early registration by mail protects against having to cancel a course due to low class size. Register early! Registration may be done by mail or by phone before the first class session. Late registrations will be accepted if class is not filled—Please call 392-1509 or 392-1502 to see if course is filled or cancelled if registering late.

**CANCELLATION OF COURSE:** Each course must meet a minimum enrollment before it can be held. If enrollment is insufficient, a course may be cancelled and refunds will be issued. You will be notified by phone or email if a course you registered for has been cancelled.

**PLEASE NOTE:**

(Especially registrants in sports and physical activities)

**No classes or activities provide insurance coverage to individuals for accident or bodily injury.**

**FEES:** The Continuing Education Program is self-supporting. The cost is borne by participants' fees. A registration fee to cover overhead costs is noted for all classes that have no other charge.

**REFUNDS:** Adult Education is a self-supporting program. Total refunds will be made if a class is cancelled or filled, or if a student cancels registration **BEFORE** the start of the first session. **NO** refunds will be made after the first class begins.

**MATERIAL COSTS:** Additional cost for materials, supplies and/or textbooks will be collected by the instructor, as noted in the class description. Do not include these fees in the registration check unless told otherwise.

**LITERACY CONNECTIONS:** If you know someone who wants to learn to read, contact Literacy Connections at 845-452-8670 or online at [www.literacyconnections.org](http://www.literacyconnections.org).

**SCHOOL CLOSINGS:** If school is closed due to holiday or inclement weather, or if school closes early due to a weather related event, no classes will be held that evening. Call 392-2400 and press "2" for school closings. It is the instructor's responsibility to see that their class participants are notified of any other emergency cancellations and to reschedule the class.

**There will be no classes during  
Spring Recess :**

**April 9-13**

# Course Offerings

## MONDAY

### Snowball Quilt

High School Cafeteria

Kim Anderson

There hasn't been much snow this winter, so let's make a Snowball Quilt! The Basic Snowball quilt is an easy beginner project with all of the snowballs and nine-patch blocks being identical. If you want a unique look, the Scrap Snowball Quilt is a variation using the basic snowball technique. A more challenging quilt is the Star Snowball Quilt with three different nine-patch blocks. The simplicity of the snowball block allows for numerous possibilities! Choose to make any size, from crib to king.

Students must have a sewing machine in good working order that they can bring to each class starting on the second night of class. The first class on March 12 will be an orientation and information session to discuss what materials/supplies you will need to purchase. Books will be available for purchase on the first night at a discount. Students are responsible for the cost of any supplies and tools needed. For questions, please contact Kim at 828-7279 or

[kima@mhcable.com](mailto:kima@mhcable.com)

Six sessions beginning March 12 (no class 4/9)  
Mondays 6-9 p.m. \$49



### Bread Basket

High School Room 123

Joyce Flower

This basket is not just for bread! You'll find many uses for this rectangular basket. It measures 11" long, 5" wide, and 4" high, and is finished with two wooden handles—one on each end. We will use natural flat reed with a round reed and cane "twining" in the middle of the basket, giving it a very decorative look. You can see the photo of this basket on the Adult Ed link of the school's website at

[www.chathamcentralschools.com](http://www.chathamcentralschools.com). Please bring scissors, pencil, tape measure and clothes pins to class. Basket reed and all other materials will be supplied for a materials fee of \$23, payable to the instructor on class night.

Two sessions on April 16 & 23

Mondays, 6:30-9:30 pm \$30

### First Aid Course

Elementary School Music Room (#310)

Judy Stelling

What would you do in a medical emergency before help arrives? This 3-hour American Heart Association (AHA) First Aid course is completed in two evenings and includes the new roll-out protocol for administering first aid. The four modules that will be covered include: First Aid Basics, Medical Emergencies, Injury Emergencies, and Environmental Emergencies. Find out what you need to know in an emergency situation that may save someone's life. Completion cards will be sent to participants after the course and are valid for two years. Bring \$5 to class for card. Class size limited to 10.

Two sessions on April 30 & May 2

Monday/Wednesday 7-8:30 p.m. \$30

### Driver Education - Pre-Licensing Course

High School Room 114

Peter Mackay

This 5-hour course, *open to students age 16 and older*, is a pre-requisite to obtaining a NYS driver's license. Sponsored by DMV, this class provides an opportunity to gain classroom exposure to defensive-driving principles and other factors that affect driver behavior. Emphasis will be placed on the dangers of driving while under the influence of alcohol and other drugs. The importance of using safety belts as a means of reducing injuries is also given considerable attention. By actively participating in and completing the DMV pre-licensing program, beginning drivers have an opportunity to improve significantly. Collisions, convictions, suspensions or revocations can be greatly reduced or eliminated entirely. Please send or bring in a copy of your permit when you register. Must attend both nights to meet 5-hour requirement and receive certificate. The cost is \$35 per person.

Mon. & Wedn., April 23 & 25, 6-8:30 p.m.

### New York State Point & Insurance

Reduction Program

High School Room 117

Peter Mackay

This Department of Motor Vehicles approved 6-hour defensive driving program is based on film presentations followed by discussion of driving strategies. Principal vehicle operators completing the course will receive 10% insurance cost reduction and up to 4 points subtracted from their driving record for three years. By law, individuals **MUST ARRIVE PROMPTLY** and attend both nights in order to meet the 6-hour requirement and receive the certificate. The cost is \$40 per person. Monday & Wednesday, May 14 & 16, 6-9 pm

### Paving for College Without Going Broke

High School Room 111

Jason Tabor

Are you and your family sitting around the kitchen table wondering how you are going to pay for your children's college costs? Are you concerned that you will miss out on all of the financial aid, grants and scholarships you deserve? If your answer is "Yes" then you cannot miss this workshop. We will discuss the following topics and more:

- Maximizing the college financial aid process
- How to avoid costly mistakes when paying the bills
- Avoiding scams that could cost you thousands of dollars
- Paying for college without sacrificing your retirement savings
- Finding the right college for your child and your budget

One session on April 16

Monday, 6:30-8 \$10

### Ethnic Cooking With Ida

Ida Drake

MED Faculty Room # 230

Whether you are just getting



started cooking or are a veteran of the kitchen, we know you'll enjoy cooking with Ida. From the basics of making tasty rice perfectly every time, to the more intricate secrets behind some of the most popular ethnic dishes like Caribbean curry, aji de gallina, Spanish paella, and eggplant parmigiana, to name a few, Ida will show you how easy it is to cook a great meal. Appetizer and dessert recipes will not be forgotten—we'll add some delicious and easy recipes to your collection that your family will love. Please bring \$5 to the first class to pay Ida for the ingredients that she will supply on the first night to make a mouth-watering Estofado de Pollo (Peruvian chicken stew). For the remaining classes, participants will be responsible for bringing their own food to cook with and will be bringing home the finished dish to share with their family members. Recipes will be discussed on the first night, based on participants' desires.

Six sessions beginning March 19

Mondays, 6-7:30 p.m. \$55

### CPR and AED Training

Elementary School Music Room (#310)

Judy Stelling

This 4-hour American Heart Association (AHA) Heart Saver Course offers instruction in Automatic External Defibrillator (AED), and Adult and Infant/Child CPR. Instruction includes Heimlich procedure for adult and infant/child choking victims. AHA new protocols will be provided with hands-on experience so participants feel competent and confident. Completion cards will be sent to participants after the course and are valid for two years. Bring \$5 to class to pay for card. Class size limited to 6. Mon/Wedns, April 2 & 4, 7-9 p.m. \$35

### The Good...The Bad...The Annuity

High School Room 111

Frank Guiffre

The Annuity or "personalized pension," as it is commonly referred to, has been an investment vehicle long since insurance companies have been around. Years ago, the word "annuity" made people cringe. To this day, the stereotype of high fees, illiquidity, and bad investments still lingers, BUT THERE'S HOPE! The more recent annuities are now more revised, highly regulated, have lower fees, and offer income guarantees. Learn about these new annuities compared to their ancestors, and how the revisions of today can be carried forward with your older annuities. Topics discussed (but not limited to) will be: how an annuity works, fees of an annuity, the guarantee of income, the most updated revisions, the tax advantages of this investment, and how you can pass this legacy along to your loved ones.

Monday, April 2, 6:30-8 p.m.

\$10

# Course Offerings

## FITNESS-(MONDAY)

### Adult Recreational Program

#### Men's Basketball Night—Age 30 & Over

**Middle School Gym - In Charge: Ron Dixon**  
Open to any interested male adult who is age 30 or older with some basketball experience. No instruction is given. Teams are not permanent. No bodily injury or accident insurance is included. **PRE-REGISTRATION IS NOW REQUIRED.** Must submit registration form with payment by Sept. 7 to attend. Minimum of 10 pre-registrations required to hold gym open for semester. When parking, please do not block the bus garage entrance gate on Library Place. Monday, 7:30-9 PM, March 12 through June 18 (no basketball Apr 9, May 28)  
\$10 registration fee (must be paid upfront)

### Fitness Walking Program

#### M.E.D. Elementary School Hallways

Walking for physical fitness has proven its health benefits in a number of studies, however, it can be dangerous to walk on the street because of traffic, inclement weather, or even an encounter with someone's unfriendly dog. Now you can walk in the safe, clean halls of the M.E.D. Elementary School any time during the Walking Program "Open Hours" from 5:00 – 8:00 p.m. on any Monday through Friday that school is in session. If school is closed or canceled, this program will be canceled too. Please register by completing the form on this brochure and sending it in or dropping it off with a \$4.00 annual registration fee to the Adult Education Office located in the M.E.D. Elementary Building.

## TUESDAY

### Searching For Your Roots—A Beginners

#### Course in Genealogy

#### High School Room 102 (Computer Lab)

#### Michelle LeClair

Have you ever wanted to find your great-grandparents but you didn't know where to begin? This class will get you started researching your family tree. It's filled with worksheets, websites, tips and tricks to get you started down the right path. The class will help you answer the question, "How do I begin?" It will help you get organized, correctly record data, and allow you to feel comfortable knowing what records are available. Class will cover vital records, census records, church records, obituaries, and court records. Immigration/ship records and specific ethnicities will be touched on. If your family was in the area (even in the Northeast), the more success you'll have—but don't feel left out if your ancestry is out of state. Internet genealogy has opened up access to records across the country. You will be starting your research in this course. Basic computer knowledge is necessary. A Chatham Public Library card is also necessary for access into online genealogy databases (or from a library that has access to HeritageQuest). Please bring a USB flash drive with you to class—any size is fine. Five sessions beginning March 12  
Tuesdays, 6-8 p.m. \$49

### Jeremiah Basket (Basket weaving)

#### High School Room 123

#### Joyce Flower

Learn to weave this multi-use basket that starts out square at the base and finishes in an oval at the top. It has a sturdy wooden "D" handle and a round "lashing" for an interesting, professional and finished look. The base is 10" square and the basket is 8" tall. Natural reed of various sizes is used to weave this versatile basket. See a photo on the Adult Ed link of the school's website at [www.chathamcentralschools.com](http://www.chathamcentralschools.com). Please bring scissors, pencil, tape measure and clothes pins to class. Basket reed and all other materials will be supplied for a materials fee of \$25, payable to the instructor on class night. Two sessions on March 27 & April 3  
Tuesdays, 6:30-9:30 pm \$30

### Getting It Together

#### High School Room 107

#### Doreen Oakley and Patricia Story

This class is for developmentally disabled adults and designed to increase both physical and emotional self-awareness. Its emphasis will be on daily living skills. Refreshments and materials fee of \$10 is payable at first class. Class size limited to 20 on a first-come, first-served basis. Eight sessions beginning March 13  
Tuesdays, 6:30 - 8:30 p.m. \$42

## FITNESS—(TUESDAY)

### Tai Chi For Fun & Health

#### Middle School Cafeteria

#### Judith Occhipinti

Tai Chi Chi Kung is about getting in touch with ourselves and the world we live in. Through a combination of relaxation techniques and slow movements, we can decrease stress, improve our health, and become reacquainted with the joy of life. Like any other ancient craft, the practice of Tai Chi Chi Kung will provide us with a stronger mind, body, spirit connection. This five-week course will provide one guided meditation and one simple but complete Tai Chi form that can be used to reduce stress and promote emotional balance and health. Easy enough for seniors—all ages welcome. Wear loose, comfortable clothing. Five sessions beginning March 27  
Tuesdays, 7-8:30 p.m. \$60



## WEDNESDAY

### Tole and Decorative Painting

#### M.E.D. Elem School Faculty Room (#230)

#### Lisa Toomey

#### ANYONE CAN LEARN TO PAINT!

You will learn many of the basic strokes of Tole Painting and become familiar with Decorative Painting terms and techniques. Beginners as well as those who have painted before are most welcome. Students will paint a set of wine glasses and a decorative wine bottle to match during this four week course. If you are new to decorative painting, please bring a water container and paper towels to class. If new to painting, you will need to make the one time purchase of a brush kit at the cost of \$20.00. These will be available for purchase from the instructor on the first night of class. If you decorative painted before, bring usual supplies. A \$20 supply fee for all participants also to be paid to the instructor on the first night of class. This fee includes paint sharing, and various other materials necessary to complete the projects. ALL students should bring to class the first night: 4 Wine Glasses (Dollar store ones are perfect) and 1 Empty Wine Bottle. Class size limited to 10. You may call Lisa at 944-6884 with any questions.

Four sessions starting April 25

Wednesdays 6:00-8:30 p.m. \$60

### Spanish for Fun

#### High School Room 117

#### Deb Ulmer—392-9219

Come have fun speaking Spanish! You will learn pronunciation techniques, ways to improve your vocabulary, basic comprehension, online resources, and how to create ~, accent marks and other Spanish characters on the computer. Bring whatever phrases you would like translated to the class and we'll work on those too. Learn basic Spanish in a relaxed, friendly atmosphere!

Four sessions beginning March 28

Wednesdays, 5:30-6:30 pm \$25

### Understanding Stocks, Bonds, & Mutual Funds

#### High School Room 111

#### Frank Guiffre

Learn the basics of stocks, bonds, and mutual funds, the true backbone of most portfolios. Discover how to use the Internet and daily newspapers to track your investments. This course will help you understand the differences and the similarities of various types of investments. It will also show you how proper asset allocation will lower your overall risk. Understand the benefits of using mutual funds to build a balanced portfolio and help plan for a successful retirement. This course is strictly educational and there will be no attempt to promote any specific investments. Please email [fguiffre@hallidayfinancial.com](mailto:fguiffre@hallidayfinancial.com) for more course information.

One session on March 14

Wednesday, 6:30-8:30 p.m. \$10

# Course Offerings

## WEDNESDAY OFFERINGS (continued)

### CPR and AED Training

Elementary School Music Room (#310)

Judy Stelling

This 4-hour American Heart Association (AHA) Heart Saver Course offers instruction in Automatic External Defibrillator (AED), and Adult and Infant/Child CPR. Instruction includes Heimlich procedure for adult and infant/child choking victims. AHA new protocols will be provided with hands-on experience so participants feel competent and confident. Completion cards will be sent to participants after the course and are valid for two years. Bring \$5 to class to pay for card. Class size limited to 6.

Wedn/Thurs, May 9 & 10, 7-9 p.m. \$35



### Watercolor Painting Class

High School Room 127

Rita Squier

All levels of watercolor painters are welcomed. Each week we'll work on a step-by-step process of a watercolor painting, some homework may be needed to end up with a completed painting. We will explore various methods and techniques in watercolor painting that can be used in landscapes, florals, still life, abstracts and more. Supplies are the responsibility of each student. A list is available by emailing Rita at [rita@rasquier.com](mailto:rita@rasquier.com). You may participate in a group order for supplies the first night of class—please bring payment for your supplies. The supplies will be delivered on the 2nd night of class. Early sign up is necessary. A sampling of past watercolor class projects can be viewed online at <http://rasquier.com/class>

Eight sessions beginning March 14

Wednesdays, 7-9 p.m. \$60

### Wealth Accumulation

High School Room 111

Frank Guiffre

What does it take to be wealthy? What do "rich people" do that ordinary middle class have not done, but can do? What decisions are made by wealthy individuals and how are these decisions executed? What is their thought process and how do financial decisions affect retirement and our desires to create a financial legacy in the future? These questions provide a thought-provoking framework for classroom discussion while examining the complexities of advanced financial planning and the decision-making process involved with wealth accumulation and preservation. This course will highlight the importance of comprehensive financial planning; demonstrate how investment allocation, tax considerations, insurance needs, and estate planning work together to provide necessary elements for financial success. This course is strictly educational and there will be no solicitation of any specific investment or insurance product.

One session on March 28

Wednesday, 6:30-8 p.m. \$10

## FITNESS-(WEDNESDAY)

### Adult Coed Volleyball

(for men/women)

CMS Gymnasium

In Charge: Crystal Yager

Open to any interested adult with a basic knowledge of volleyball rules/regulations. No instruction is given. Teams are not permanent. No bodily injury or accident insurance is included. PRE-REGISTRATION IS REQUIRED. Please register by April 1. Minimum of 8 pre-registrations required to hold gym open. Playing begins on April 18

Wednesdays, 7:30-9 p.m. \$9 reg. fee for semester



## THURSDAY

### Extreme Couponing

High School Room 127

Karen Southard

You've seen it on television — they save SO much money, but it looks SO time consuming. Learn how easy it is to clip and save in this two-hour crash course in "extreme couponing." You'll be given lots of tips and helpful hints for getting more for your money. We'll start with coupon organizing and learning what products go on sale from month to month so you can plan ahead for maximum savings. Discover the trick to finding those valuable coupons for items you actually use. Once you find out how much you can save each week on your grocery bill, you'll be hooked. Class size is limited—please register early.

One session Thurs, March 22, 6-8 pm \$10

### Getting Paid to Talk; Making Money with Your Voice

—An introduction to professional voiceovers

High School Room 117

Voice Coaches

Have you ever been told you have a great voice? This exciting class will explore numerous aspects of voiceover work for television, film, radio, audio books, documentaries and the Internet in your area. We will cover all the basics, including how to prepare the all-important demo, how to be successful and earn great income in this exciting field. Students will have the opportunity to ask questions and to hear examples of demos recorded by professional voice actors. Class participants will even have a chance to record a commercial script under the direction of our Voicecoaches.com producer! This class is informative, lots of fun, and a great first step for anyone interested in voice acting professionally. We have created a new web-accessible page with detailed information specifically about our Getting Paid to Talk class. This page details information about class content, answers to common questions, and general information about the voice acting field at [www.voicecoaches.com/gppt](http://www.voicecoaches.com/gppt)

Space is limited—Register early!

One session on March 29

Thursday, 6:30-9 p.m. \$35

### How to Drastically Cut Costs in Difficult Financial Times

High School Room 117—Bev Nathan

If you are trying to drastically cut costs because your retirement plan or your savings plan has lost a lot of money, or you want to learn how to save thousands of dollars, this course is for you. We will discuss ways to save money by investing on your own with no-load mutual funds, the benefits of credit unions, buying used cars, saving money when buying a car, home and life insurance, methods to reduce your school and county taxes, and more, including money saving websites. *Optional materials fee of \$20 payable to instructor at class.*

One session Thurs., April 5, 6-8 pm \$45

### Entrepreneurship-Starting a Business with Little Money Down

High School Room 117—Bev Nathan

In this lively and informative seminar you will learn behind the scenes practical information on how to start a successful home-based, second-income business that may grow into a full-time business. With little money down, you will learn how to decide on a business or product to sell with minimal problems. You will learn how to avoid making major financial mistakes. Franchising information will also be discussed. *Optional materials fee of \$20 payable to instructor at class.*

One session Thurs., April 5, 8-10 pm \$45

### Getting Great Real Estate Deals When Buying or Selling in Difficult Times

High School Room 111—Rick Nathan

Because of difficult economic times, there are some excellent deals in real estate. The instructor is a consumer advocate, not a real estate agent, who will teach you the pros and cons of foreclosures, lease of short sales, rent with option to buy, owner financing, and buying for no money down. He will show you how to buy or sell investment property, primary homes, multi-families and vacation homes. You'll learn how to research property at the tax assessor's and county clerk's office. There will be discussion about how to sell your home with or without a realtor. *Optional materials fee of \$20 paid to instructor at class.*

One session Thurs., April 5, 8-10 pm \$45

### Secrets Wall Street Does Not Want You to Know When Investing Your Money

High School Room 111—Rick Nathan

Do you have some money to invest? This lively, fact-packed seminar is a must for those who want to learn how not to be ripped off when buying/leasing cars, buying insurance, and investigating long-term care insurance. After taking this course you will have the confidence to invest on your own or find a financial planner who truly wants to work for you. Learn to stretch and save your hard earned dollars. It's time to take charge of your money. *Optional materials fee of \$20 paid to instructor at class.*

One session Thurs, April 5, 6-8 pm \$45

# Course Offerings

## FITNESS-(THURSDAY)



### ZUMBA Fitness

Elementary School Cafeteria

Tracyalison Ruggiero

ZUMBA FITNESS® is a high-energy, primarily Latin based dance fitness workout that is so much fun you will forget you are working out. The best part is that anyone and everyone can do it! People of any size, age, gender, and fitness level can participate in a ZUMBA FITNESS® class without any dance experience. You'll Salsa, Hip Hop, Belly Dance, Merengue, Cha-cha, Rock, and more. Have fun burning off major calories. Come try it out and see why this international fitness craze is becoming one of the most sought out classes. "It's like having a party while you are working out!" Please wear workout clothes and sneakers, and bring a towel, and a bottle of water. *(It is recommended that you obtain your doctor's approval before participating in this or any exercise class.)* This class may fill up fast—early registration is suggested.

Advance registration cost is \$64 for 8 weeks (1 night/week). Walk-ins are \$10/night (subject to available space).

Classes are Thursdays starting March 15, 6:00—7:00 p.m.

### Adult Coed Soccer (for men/women)

MED Elementary School Gym

In Charge: Kevin Simmons

Open to any interested adult with a basic knowledge of soccer rules/regulations. No instruction is given. Teams are not permanent. No bodily injury or accident insurance is included. Will play outdoors as weather permits. **PRE-REGISTRATION IS REQUIRED.** Please submit registration form with payment by March 12. Minimum of 8 pre-registrations required to hold gym open. Will play outdoors when weather permits late spring. Thursdays, 7:30—9 p.m. starting March 22 \$10 flat fee for March 22 through June 14



## Spring Courses at a Glance

### Monday

Snowball Quilt (for all level quilters), starting March 12, 6-9 pm  
Bread Basket—Basket Weaving, April 16 & 23, 6:30-9:30 pm  
First Aid Course (American Heart Assoc), Apr 30 & May 2, 7-8:30 pm  
Driver Ed Pre-Licensing 5-hour Course, Mon/Wed, Apr. 23 & 25, 6-8:30 pm  
NYS Point & Ins. Reduction 6-hour Course, Mon/Wed, May 14 & 16, 6-9 pm  
Paying for College Without Going Broke, April 16, 6:30-8 pm  
Ethnic Cooking With Ida, starting March 19, 6-7:30 pm  
CPR & AED Certification, Mon/Wed, April 2 & 4, 7-9 pm  
Learn About Annuities, April 2, 6:30-8 pm  
Fitness Walking Program, Monday through Friday from 5:00-8:00  
Men's Basketball (age 30 & over), starts March 12, 7:30-9 pm

### Tuesday

Searching for your Roots—Genealogy, starting March 12, 6-8 pm  
Jeremiah Basket—Basket Weaving, Mar 27 & Apr 3, 6:30-9:30 pm  
Getting it Together, starting March 13, 6:30-8:30 pm  
Tai Chi for Fun & Health, starting March 27, 7-8:30 pm

### Wednesday

Tole & Decorative Painting, starting April 25, 6-8:30 pm  
Spanish for Fun, starting March 28, 5:30-6:30 pm  
Understanding Stocks, Bonds & Mutual Funds, March 14, 6:30-8:30 pm  
CPR & AED Certification, Wed/Thurs, May 9 & 10, 7-9 pm  
Watercolor for All Level Painters, starting March 14, 7-9 pm  
Wealth Accumulation, March 28, 6:30-8 pm  
Adult Coed Volleyball, Starts on April 18, 7:30-9 pm

### Thursday

Extreme Couponing, March 22, 6-8 pm  
Getting Paid to Talk—Making Money with Your Voice, March 29, 6:30-9 pm  
Drastically Cut Costs in Difficult Financial Times, April 5, 6-8 pm  
Entrepreneurship, Starting a Business, April 5, 8-10 pm  
Wall Street Secrets When Investing Your Money, April 5, 6-8 pm  
Getting Great Real Estate Deals, April 5, 8-10 pm  
ZUMBA Fitness, starting March 15, 6-7 pm  
Adult Coed Soccer, Starting March 22, 7:30-9 pm

# Instructors

## **Kim Anderson**

### Quilting

Kim has been quilting for over 17 years. She has taught classes for Chatham Adult Education for over 11 years.

## **Ida Drake**

### Ethnic Cooking

A native of Peru, Ida has been interested in cooking her entire life. While she specializes in Peruvian cuisine, Ida is adept at adding her style to a wide variety of ethnic dishes. She cooked for 150 private school students for 14 years, and is now often in demand for her catering skills.

## **Joyce Flower**

### Basket Weaving

Joyce has been weaving baskets for 24 years and teaching both adults and children for 16 years at schools and in the community. Joyce has also taught at conventions and continues to take classes to learn new techniques and styles of baskets.

## **Frank Guiffre,**

### Financial Courses

Frank is a Financial Advisor with the Halliday Financial Group in Albany, NY

## **Michelle LeClair**

### Genealogy

Michelle is a graphic designer by profession and genealogist by passion. She has been researching for clients, friends and family for over 15 years. Her own family database is numbering almost 20,000 individuals. She is a member of the Association of Professional Genealogists and a volunteer at the Silvio Conte National Archives (NARA) in Pittsfield. She specializes in Pennsylvania Dutch (German) and French Canadian ancestries and is a wiz at Internet genealogy.

## **Peter Mackay**

### NYS Point & Insurance Reduction & 5-hour Pre-Licensing Course

Peter retired from Columbia High School where he was a physical education and driver education teacher. He is currently the owner of Mackay's Driving School.

## **Bev Nathan**

### Cutting Costs & Entrepreneurship

Bev is a successful business person who started a part-time business in her home over 20 years ago and is now a full-time business owner in an office complex. She worked at a credit union, dealing with financial issues. She is a consumer advocate whose sole purpose is to help and protect the consumer.

## **Rick Nathan**

### Wall Street Secrets & Real Estate

Rick has been buying and selling real estate, and investing wisely for over 25 years. He is not a realtor or a commissioned financial planner, but a consumer advocate whose motive is to help individuals protect their financial interests. Rick has taught seminars in schools and colleges throughout the Northeast.

## **Doreen Oakley**

### Getting It Together

Doreen worked for Columbia County ARC for over 16 years. She currently works at Mental Health Association of Columbia and Greene Counties as a program director.

## **Judith Occhipinti**

### Tai Chi for Fun and Health

Judith is a long term student of Tai Chi and Chi Kung. She is currently a Tai Chi instructor and member of the Healing Tao Instructors Association.

## **Tracyalison Ruggiero**

### Zumba Fitness

Tracyalison has worked in the insurance industry for over 20 years. In her quest to become healthy and lose weight she has become a Tri-Athlete and a licensed ZUMBA instructor and enthusiast. Tracyalison is a member of IDEA Health & Fitness Association.

## **Karen Southard**

### Extreme Couponing

Karen started couponing about 3 years ago. It has become a hobby and personal competition to see how much she can save. Karen follows the Extreme Couponing show on television and has learned even more techniques. She donates a lot to the food pantry and animal shelters instead of storing stockpiles.



## **Rita Squier**

### Watercolor Painting

Rita is a watercolor artist and graphic designer with a BA in Visual Arts, major in Graphic Design. She has been teaching beginner, intermediate and advanced watercolor classes for several years. A sampling of past watercolor class projects can be seen online at : <http://rasquier.com/>

## **Judy Stelling, R.N.**

### CPR/AED & First Aid

Judy is an RN and an EMT. She has been an American Heart Assoc. Instructor of Basic Life Support and Heartsaver CPR/AED and First Aide for the past 12 years. Judy is also instructor for "Safe Sitter," a National babysitting course for 11-14 year olds. She has had varied clinical experience in medical fields including oncology, doctor's office, occupational nursing and home care.

## **Jason Tabor**

### Paying for College

Jason is a Financial Planner and Certified College Planning Specialist. He is a member of the National Institute of Certified College Planners and worked at Hartwick College as the Assistant Director of Admissions before starting Cooperstown College Services— visit [www.cooperstowncollege.services.com](http://www.cooperstowncollege.services.com).

## **Lisa Toomey**

### Tole & Decorative Painting

Lisa is a Speech-Language Pathologist at Chatham School District who became hooked on tole and decorative painting over 15 years ago when she took a class near her hometown. She loves to "sit and paint with friends" and continues to learn new techniques to pass on to her students. She and her daughters are beginning a business that specializes in painted ornaments and other hand-painted items.

## **Deb Ulmer**

### Spanish

Deb [Doña Deb] is a NYS certified teacher with a Masters in Spanish from UAlbany. She has travelled extensively to Spanish speaking countries and has taught at local colleges and universities. Deb is also known as "The Computer Tutor of Chatham," and offers on-site instruction for all computer users from novices to business owner—you can contact her at [www.newyorktutor.com](http://www.newyorktutor.com) or [debulmer@fairpoint.net](mailto:debulmer@fairpoint.net)

## **Voice Coaches**

### Getting Paid to Talk

Voice Coaches provides industry leading voice evaluation, training, and demo development. The Voice Coach Team is comprised of experts in acting, communication, broadcasting, and speech & language pathology who regularly host professional voice over productions for Discovery Networks, HGTV, Women's Entertainment Network, TLC, and others.

# Chatham Adult Ed

Chatham Central School  
Chatham, NY 12037  
518/392-1509 or 1502

Complete this registration form and mail it with the registration fee to:  
**Chatham Adult Ed**  
50 Woodbridge Avenue  
Chatham, NY 12037

## REGISTRATION FORM Spring 2012

**Pre-register by mail before the first class night.  
Late registrations will be accepted if course is not filled  
(please call 392-1509 or 392-1502 for late registration )**

Please call 392-1502 or email [flanagana@chatham.k12.ny.us](mailto:flanagana@chatham.k12.ny.us) if registering late to find out if a course is filled. Registrants must be 18 years of age, unless otherwise noted. Driving students must be 16 or older. Registrants of other school districts are welcome. There is no extra fee for such registrations.

Please use a separate registration blank and separate check for each course. Checks should be made payable to "Chatham Central School." **Mail to:** Continuing Education Program, Chatham Central School, Chatham, NY 12037; or you may pay in person at the Superintendent's Office located in the M.E.D. Elementary School. Sorry, but we do not accept credit cards. **Please do not send cash through the mail.**

**Unless otherwise notified, your registration is automatically accepted and you are to go directly to class on the date indicated for the first class session. You will receive a call or email only if class is cancelled. A receipt will be mailed to you upon request.**

Name (please print) \_\_\_\_\_ Email Address \_\_\_\_\_

Mailing Address \_\_\_\_\_

Telephone No. \_\_\_\_\_ Course \_\_\_\_\_

Check for \$ \_\_\_\_\_ enclosed. Do not include materials fee. *In case of cancellations, it is advisable to write a separate check for each course. Refunds may take several weeks.*

Name (please print) \_\_\_\_\_ Email Address \_\_\_\_\_

Mailing Address \_\_\_\_\_

Telephone No. \_\_\_\_\_ Course \_\_\_\_\_

Check for \$ \_\_\_\_\_ enclosed. Do not include materials fee. *In case of cancellations, it is advisable to write a separate check for each course. Refunds may take several weeks.*

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Name (please print) \_\_\_\_\_ Email Address \_\_\_\_\_

Mailing Address \_\_\_\_\_

Telephone No. \_\_\_\_\_ Course \_\_\_\_\_

Check for \$ \_\_\_\_\_ enclosed. Do not include materials fee. *In case of cancellations, it is advisable to write a separate check for each course. Refunds may take several weeks.*

**I would be interested in teaching the following course:** \_\_\_\_\_

Name \_\_\_\_\_ Email \_\_\_\_\_ Telephone No. \_\_\_\_\_