

DISTRICT BMI REPORTED RESULTS

Number of students assessed= 485
Males= 222
Females= 263

BMI percentile	Classification	Percentage of screened students
<5 th percentile	Underweight	2.5%
5 th -49 th percentile	Healthy weight	30%
50 th -84 th percentile	Healthy weight	35%
85 th -94 th percentile	Overweight	15%
>95 th percentile	Obese	17%
Missing data		.5%

The chart above shows that few Chatham students (2.5%) were classified by physicians to be in the underweight range. Of the low number of students who fell in this category, most were elementary school children.

A majority of students (65%) were classified in the healthy weight category.

Some of the students (15%) were classified in the overweight category. The highest percentage of students classified as overweight were high school students. Female students comprised 65% of the overweight students even though they were only 54% of the group screened.

Several of the students (17%) were classified in the obese category. The highest percentage of students in this category were middle school students. Males were overrepresented in the obese category.

BMI is a **screening tool** and does **not diagnose** any present or future conditions. It is one piece of information that should be used in combination with other factors to inform parents, staff and children about student health status. District staff will be discussing these data and considering what, if anything, the data suggest about student needs and programs. Parents who have questions about their children's health status should consult their physician.

HOW TO REQUEST INFORMATION ON YOUR CHILD

Parents may request a graph illustrating student specific BMI by calling the school nurses:

MED- Bridget Malanowski, RN- 392-1537
CMS- Wendy Zwingelberg, RN- 392-1560 ext. 1156
CHS- Valerie Persons, RN- 392-1580

